

TEACHER IN THE FORMATION OF CADET SUCCESS PERSONAL INFLUENCE

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Abstract

The role of the teacher in shaping the success and development of cadets is of particular importance. The personality of the teacher, his knowledge, experience, pedagogical approach and attitude to sports have a significant impact on the physical and psychological development of cadets. A teacher's ability to create a positive and supportive environment in physical education classes has a great impact on the student's motivation and attitude to physical activity. In this article, we consider the importance of the teacher's personality and approach to work for the development of physical skills and the formation of a positive attitude towards a healthy lifestyle in cadets.

Key words

physical education, teacher's personality, cadets, motivation, sport.

In the modern educational process, great importance is attached to the physical development of cadets, especially in conditions where a sedentary lifestyle and physical inactivity are becoming more and more common problems. From this point of view, the personality of the physical education teacher plays an important role in shaping the success of the cadet and becomes the main factor for achieving optimal educational results.

The development of interest in physical education classes among cadets should be considered taking into account the process of formation of motivation for activity. The theoretical analysis of research conducted on this topic allows us to understand that the success of teaching physical culture to students directly depends on the development of teachers' motivation to improve the education and training process. That is, we are talking about the interest of cadets in improving their physical health [2].

The cadet's first impressions of the physical education teacher are of great importance. A teacher's ability to create a positive and supportive environment in physical education classes has a great impact on the student's motivation and attitude to physical activity. A teacher who shows interest in each cadet and strives

to learn their characteristics and needs creates conditions for personal development and self-esteem of the cadet. This is important in developing their physical skills and forming a positive attitude towards a healthy lifestyle.

The communication skills of a physical education teacher play a key role in shaping the success of a cadet. Clear and understandable instructions, clear explanations of exercise techniques and positive comments from the teacher motivate the trainees and help them overcome physical difficulties. Open and polite communication builds trust between teachers and students, which contributes to more effective learning and successful outcomes [3].

The character and individual qualities of a physical education teacher are also an important factor in shaping the success of a cadet. The instructor is a positive role model who inspires and motivates the cadet to achieve their fitness goals. A teacher's personality, which shows enthusiasm, trust and concern for the health and development of cadets, inspires their activity and desire to succeed.

However, the negative influence of the physical education teacher can also affect the formation of the cadet's success. Rigidity, insufficient attention to the individual characteristics of students or excessive comparison between them can lead to a decrease in motivation and a negative attitude to physical activity.

G.N. Lesnikova and E.N. In the article by Dorofeeva "The influence of the personal characteristics of the teacher on ensuring the quality of professional training of a specialist" [1], a teacher with a high level of enthusiasm and love for his profession can inspire cadets and stimulate their professional growth. thoughts that are capable are highlighted. In addition, the teacher's ability to communicate effectively, understand the needs of cadets, and set a positive example is also important for the successful military-professional development of cadets.

Also, the author of the article emphasizes the importance of continuous improvement of teaching skills and development of teacher's personal qualities.

In conclusion, we can say that further research in this field will help to more fully understand the mechanisms of influence of the teacher's personality on the formation of the quality of the military-professional training of the cadet, as well as the methods of teaching aimed at achieving optimal results during physical education classes based on them and helps to develop strategies.

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